



# 2<sup>nd</sup> Annual Run for the Park

## 5K run & 1 mile fun run/walk



Saturday, October 1, 2011  
9:30 am

Carroll Township Community Center • 255 Church Rd • Shermans Dale, PA

All proceeds benefit the Carroll Township Community Recreation Corp

**Course description:**

5K loop or 1 mile out and back on the challenging and scenic rolling hills of Carroll Twp, Perry County, starting and finishing at the Community Center on Church Road in Shermans Dale.

**Registration Fees:**

Pre-registration received by September 16	\$20 for 5K (includes t-shirt)
	\$15 for 1 mile (includes t-shirt)
Race-day registration	\$22 for 5K (with shirt if available)
	\$17 for 1 mile (with shirt if available)

**Race Day Packet Pick-up and Registration:** 8:00 – 9:00 am outside the Community Center

**Age Groups:** 14 and under; 15-19; 20-29; 30-39; 40-49; 50-59; 60 and over

**Awards:** 5K - Overall male and female winners and top two males and females in each age group will receive a trophy.  
1 mile – All participants will receive a medal.

**Mail Entries To:** CTCRC  
C/O Kara Duncan  
918 Bower Road  
Shermans Dale, PA 17090

Questions, email [ctcrc@live.com](mailto:ctcrc@live.com)  
**Please make checks payable to “CTCRC”**

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FIRST NAME	LAST NAME
STREET ADDRESS	CITY, STATE, ZIP
PHONE	BIRTHDATE
GENDER Male: ___ Female: ___	AGE ON RACE DAY
SHIRT SIZE: S ___ M ___ L ___ XL ___	

**Waiver – Please read and sign. If under 18, parent or guardian must sign.**

In consideration of the acceptance of this entry I waive all claims for myself and my heirs against the sponsors, cooperating and coordinating groups and any individuals associated with this event and will hold them harmless for any and all injuries which may result from my participation. I hereby give my permission to the media to use my name and photograph in the newspaper, broadcast, telecast of this event without limitation or obligation. I certify that I am physically fit for this event and understand the risks involved by participating in this event.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_